



Monday, May 26, 2014

## Overlooked, underrated, and awesome: The Shelter Island 10K



(Photo: Shelter Island Run 10K)

Sick of constantly crossing the finish line in Central Park? This 10K has real New York-summer cred, and while it's celebrating its 35th Anniversary this year, you may not have heard of it.

The <u>Shelter Island Run 10K</u>,happening on Saturday, June 21 at 5:30 p.m. this year, takes place on the small island nestled between Long Island's North and South Fork, which you can reach by ferry rides (both of which are under 10 minutes) from either Greenport or Sag Harbor.



Runner's World has called it one of the country's most beautiful runs, which makes sense since about half of the race is along the water, and vast expanses of the island are undeveloped nature preserves. The majority of participants come from New York City, Long Island, and New Jersey, and this year, Boston Marathon winner Meb Keflezighi will also be running.

Another bonus? Trendy home decor designer Jonathan Adler created the t-shirt for runners, commemorating the race's 35th anniversary. Adler has a house on the island, which really makes us want to run by and peek inside... —Lisa Elaine Held

For more information, visit <u>www.shelterislandrun.com</u>