

**GO GREEN: REGISTER ONLINE!**  
simply log on to [www.shelterislandrun.com](http://www.shelterislandrun.com)

# 2009 SHELTER ISLAND RUN

## REGISTRATION

- \* BY MAIL
- \* Fill out entire entry form.  
*DON'T FORGET SIGNATURE.*
- \* Packet pickup Fri., June 19,  
5:30-8:00 p.m.,  
Sat., June 20, 12:00-5:00 p.m. at  
Shelter Island High School Gym.
- \* T-Shirt pickup at registration.
- \* Race closes with 2,000 entries.
- \* Parking behind school.  
Please park before picking  
up race packet.

## ENTRY FEES

- \* 10K Run-\$30 prior to June 17th  
-\$40 June 17th-June 20th
- \* 5K Fun Walk under 14  
- \$15 prior to June 17th  
- \$25 June 17th – June 20th
- \* 5K Fun Walk 14 & over  
- \$25 prior to June 17th  
- \$35 June 17th – June 20th
- \* MAKE CHECK PAYABLE TO  
S.I. Run, Inc.
- \* JOURNAL BOOSTER  
*If you wish to further support our  
Charities by appearing on our  
Journal booster page, add \$25  
or more to entry check.*

## PRE-RACE PASTA BUFFET

- \* Fri. night, June 19, 5:30-8:00 p.m.  
*American Legion Hall*
- \* \$15 in advance, \$20 at the door,  
\$5 children under 12,  
\$30 maximum for one family,  
\$15 any time for SI Residents.
- \* Presented by Chef Tom Hashagen  
and BOCES students.
- \* Proceeds benefit Shelter Island Students  
**MAIL** Completed signed entry form  
and check to: **S.I. Run, Inc.**  
**P.O. Box 266**  
**SI, NY 11964-0266**
- \* Tickets purchased by MAIL will  
be held at door (bring ID)

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*Cut Here*

## 2009 SHELTER ISLAND RUN

CHECK EVENT YOU ARE ENTERING:  Runner  5K Fun Walk  Wheel Chair

Age Race Day:   Sex: M  F  Date of Birth       Current Best 10K Time

Name: First           Last            Middle

Street:           PO Box:     Apt. #:

City:           State:   Zip Code:

C/O:

Home Phone:           Business Phone:

Fax:           Chip Code #

E-mail address:

Shelter Island residents check this box (Drivers License Address Required)

### FEES (Non-Refundable)

Entry Fee /10K RUN - \$30 \_\_\_\_\_

5K FUN WALK / under 14 - \$15 \_\_\_\_\_

5K FUN WALK / 14 & over - \$25 \_\_\_\_\_

PRE-RACE PASTA BUFFET - \$ \_\_\_\_\_

BOOSTER PAGE \$25 minimum \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

Make check payable to S.I. Run, Inc.

### SHELTER ISLAND RUN, INC. ASSUMPTION OF RISK, RELEASE & WAIVER LIABILITY, AND INDEMNITY AGREEMENT CONSIDERATION/ACKNOWLEDGE OF RISK

\*In consideration of my participating in the 2009 Shelter Island Run, I represent that I understand the nature of the event and that I am qualified, in good health, and in proper physical condition to participate in such event. \*I fully understand that the event involves risks of serious bodily injury, permanent disability or death which may be caused by 1) my own actions, 2) those actions of others – including "Releases", 3) the event conditions, or 4) risks not known by me at this time.

**ASSUMPTION OF RISK** \*I fully accept and assume all such risks and all responsibility for losses, costs, and damages I may incur as a result of participation in this event.

**RELEASE & WAIVER OF LIABILITY** \*I hereby release, discharge and agree not to sue Shelter Island Run, Inc., Town of Shelter Island and Village of Dering Harbor, their respective directors, officers, agents, volunteers, other participants, employees, sponsors, advertisers and landowners (all considered "Releases") from all liability, claims, demands, losses, or damages I may incur as a result of participation in this event, whether caused in whole or in part by the negligence of the Releases, including negligent rescue operations.

**INDEMNITY** \*I further agree to indemnify, save, and hold harmless each of the Releases from any loss, liability, damage, or cost (including reasonable attorney's fees) which they may incur resulting from anyone making a claim on my behalf. \*I understand that if one part of this Agreement is invalid, all other parts will remain valid to the extent of the law. \*I have read this unconditional Agreement, fully understand it and the rights I've waived by signing it voluntarily.

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Participants under the age of 18 must receive parent/guardian permission to participate.